

## Heating Instructions

## Conventional Oven:

1. Heat oven to 350° F. 2. Baked covered for 30-35 minutes or until internal temperature is 165° F. 3. Remove cover and bake an additional 8-10 minutes until cheese is golden brown. 4. Let rest 5-8 minutes and serve.



## Timeline

Approximately 1 hour from start to finish.

\*Cooking times may vary. Use an accurate thermometer to check the internal temperature of the food before removing from the oven.

12:00	12:15	12:45	12:55	1:00	
Heat oven to	Cover lasagna	Check lasagna.	Remove lasagna	Place all food	
350° F.	and place in	Remove cover and	from oven if done.	on table.	
	the oven.	place back in oven.	Cut bread.	Enjoy!	

## Ingredients & Nutrition Facts

Lasagna - Marinara Sauce (Tomato Puree, Water, Tomato Paste, Diced Tomatoes, Soybean Oil, Salt, Sugar, Spice, Dried Garlic, Dried Onion, Natural Flavor, Olive Oil, Citric Acid), Pasta (Enriched Semolina Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Eggs), Beef Crumbles (Ground Beef (No More Than 30% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], Cyanocobalamin [B12]), Salt, Flavorings, Sodium Phosphate., Ricotta Cheese (Pasteurized Whey, Cream, Milk, Vinegar, Salt), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzymes), Sugar, Garlic Powder, Mrs. Dash Seasoning (Onion, Spices, (Black Pepper, Parsley, Celery Seed, Basil, Bay, Marjoram, Oregano, Savory, Thyme, Cayenne Pepper, Coriander, Cumin, Mustard, Rosemary), Garlic, Carrot, Orange Peel, Tomato, Lemon Juice Powder, Citric Acid, Oil Of Lemon), Italian Seasoning (Spices), Seasoning Salt (Salt, Sugar, Spices (Including Paprika, Turmeric), Onion, Corn Starch, Garlic, Natural Flavor and Extractives of Paprika).

Nutrition	5	Lasagna		an Bread	
servings per container		Variable 1 piece (227g)		Varies 1 slice (57g)	
Serving size	1 piec				
Amount per serving Calories		2	280	1	30
			aily Value*		aily Value*
Total Fat	11g	14%	1g	1%	
Saturated Fat	5g	25%	0g	0%	
Trans Fat	Og		0g		
Cholesterol	45mg	15%	0mg	0%	
Sodium	530mg	23%	300mg	13%	
Total Carbohydrate	28g	10%	25g	9%	
Dietary Fiber	2g	7%	0g	0%	
Total Sugars	7g		0g		
Includes Added Sugars	2g	4%	0g	0%	
Protein	17g		5g		
*The % Daily Value tells you how much	Vitamin D	Omcg	0%	0mcg	0%
a nutrient in a serving of food contributes to a daily diet. 2,000 calories	Calcium	277mg	20%	10mg	0%
a day is used for general nutrition advice.	Iron	3mg	15%	Omg	0%
advice.	Potassium	137mg	2%	35mg	0%

FOOD SAFETY: Keep all items refrigerated at or below 41° F. For maximum quality and freshness, enjoy your dinner within two days of purchase. Must be used within four days of purchase. Reheat until a minimum internal temperature of 165° F is reached. All foods produced in a facility that also processes Soy, Wheat, Milk, Eggs, Fish, Shellfish, Sesame, Tree Nuts, and Peanuts.