# HOLIDAY MEALS

# —— Turkey Dinner —

## Small

#### Conventional Oven:

- 1. Heat oven to 325° F.
- 2. Place turkey in baking pan or roaster.
- 3. Heat covered 20–30 minutes or until internal temperature reaches 165° F.

#### Microwave:

- 1. Heat on high for 3–5 minutes or until product temperature is at  $165^{\circ}$  F.
- 2. Rotate if necessary.

## Medium

#### Conventional Oven:

- 1. Heat oven to 350° F.
- 2. Place the turkey in an oven safe pan and add 1" of water to the bottom of the pan.
- 3. Cover the pan with aluminum foil and bake for 1 hour.
- 4. Uncover the pan and bake for an additional 15 minutes. Allow the Turkey to reach an internal temperature of  $165^{\circ}$  F.



## Conventional Oven:

- 1. Heat oven to 350° F.
- 2. Remove Turkey breast from the wrapper and do not stuff.
- 3. Place turkey breast side up on a flat roasting rack in 2 to 2  $\frac{1}{4}$  -inch roasting pan. Do not add water to the pan.
- 4. Brush or spray skin with vegetable oil.
- 5. Place turkey in the oven and heat for 45 90 minutes or until the internal temperature reaches  $140^{\circ}$  F in the thigh.
- 6. Carve and serve immediately.



#### Conventional Oven:

- 1. Heat oven to 325° F.
- 2. Cover with parchment paper and foil and place in the oven.
- 3. Cook until the ham reaches  $165^{\circ}$  F (approximately  $1\frac{1}{2}$  hours).

\_\_\_\_\_ Gravy \_\_\_\_\_

#### Stovetop:

- 1. Place in a saucepan.
- 2. Cook over medium heat for 8-10 minutes or until gravy reaches 165° F.

**Cranberry Fluff, Cranberry Relish and Pies -**

Serve cold.







\*Cooking times may vary. Use an accurate thermometer to check the internal temperature of the food before removing from the oven.

# Stuffing, Mashed Potatoes, Green Bean Casserole, and Glazed Baby Carrots:

#### Conventional Oven:

- 1. Heat oven to 325° F.
- 2. Remove product from container and place in oven-safe dish.
- 3. Heat for 30–45 minutes or until product reaches 165° F.
- 4. For Green Bean Casserole only-garnish with French fried onion topping prior to serving.

-OR-

#### Microwave:

(Mashed potatoes, green bean casserole, and glazed baby carrots only):

Remove product from container and place in microwave-safe dish.

- 2. Heat on high for 2-3 minutes or until product reaches 165° F.
- 4. For Green Bean Casserole only- garnish with French fried onion topping prior to serving.

-OR-

## Stovetop:

#### (Mashed Potatoes Only):

- 1. Bring water to boil.
- 2. Place the bag in a pot of water and let boil for 15-20 minutes or until product reaches 165° F.

# Ingredients & Nutrition Facts

Butter ball turkeys (For Large Dinners) - Injected And Baked Whole Turkey, Water, Salt, Dextrose, Sodium Phosphate, Carrageenan, Natural Flavors

Netted turkey (For Medium Dinner) - Boneless Turkey Breast Contains Up To 9% Solution Of Turkey Broth, Vinegar, Salt, Sugar. Boneless Turkey Breast Contains Up To 9% Solution Of Turkey Broth, Vinegar, Salt, Sugar.

Rotisserie Turkey (Small Dinner) – Turkey Breast, Turkey Broth, Contains 2% Or Less Dextrose, Salt, Sodium Phosphate, Sodium Acetate, Sodium Diacetate.

Pit ham - Ham Cured With Water, Salt, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.

Mashed Potatoes - Russet Potatoes, Whole Milk, Butter (Cream, Salt), Salt, Potassium Sorbate (Preservative), Monoglycerides, Natural Flavor. CONTAINS: Milk.

Turkey gravy – Water, Roasted Dark Turkey Meat, Food Starch - Modified, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Contains less than 2% of Ascorbic Acid, Calcium Lactate, Caramel Color, Chicken Broth, Chicken Fat, Corn Starch, Dehydrated Turkey, Disodium Guanylate, Disodium Inosinate, Dried Turkey Meat Powder, Flavoring (Contains Canola Oil), Garlic Powder, Lactic Acid, Lipolyzed Butter Oil, Maltodextrin, Nonfat Dry Milk, Oleoresin Paprika, Onion Powder, Salt, Soy Flour, Soy Sauce Solids (Soybeans, Wheat, Salt), Sugar, Torula Yeast, Turkey Fat (contains Tocopherols), Turmeric, Yeast, Yeast Extract. CONTAINS: Wheat, Soy, and Milk.

Green Bean Casserole – Green Beans (cut green beans, water, salt), Cream of Mushroom Soup (water, mushrooms, cream, enriched wheat flour [wheat flour, reduced iron, thiamine, mononitrate, riboflavin, folic acid], modified corn starch, corn oil, salt, palm oil, flavor [flavoring (contains canola oil), non-fat dry milk, autolyzed yeast extract, hydrolyzed corn gluten, hydrolyzed soy protein, salt, cultured whey, lecithin], hydrolyzed wheat gluten, maltodextrin, sugar, onion powder, disodium inosinate, disodium guanylate, natural flavoring). Cream of Celery Soup (water, celery, cream, food starch [modified enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin folic acid]], salt, onion powder, yeast extract, maltodextrin, flavoring, disodium inosinate, disodium guanylate, lactic acid powder [lactic acid, calcium lactate]), Water, French Fried Onions (onions, enriched flour [wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid], sunflower, safflower and/or canola oil, salt). Non-Fat Dry Milk, Salt, Black Pepper, Garlic Powder, Potassium Sorbate & Sodium Benzoate (preservatives).

Glazed Baby Carrots - Carrots, Brown Sugar, Water, Liquid Butter Alternative Oil (Liquid and Hydrogenated Soybean Oil) Contains Less Than 2% of Salt, Soy Lecithin, Natural & Artificial Flavor, Beta Carotene (Color), TBHQ and Citric Acid Added to Protect Flavor, Dimethylpolysiloxane (An Anti-Foaming Agent), Salt, Parsley, Potassium Sorbate, Sodium Benzoate. CONTAINS: Soy.

Homestyle Dinner Rolls — Patent Flour (Unenriched, Unbleached, Unbromated Flour, Milled Wheat, Malted Barley Flour). Bun Base (Sugar, Dextrose, Soy Oil, Mono and Diglycerides, Salt, Guar Gum, Soy Flour, Calcium Stearoyl Lactylate, Monocalcium Phosphate, Ascorbic Acid, L-Cysteine, Enzyme, Azodicarbonamide). Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Dry Whole Egg. Soy Flour, Potato Flour, Soybean Oil, Dry Whey, Vital Wheat Gluten, Corn Starch, Sodium Stearoyl Lactylate, Sodium Propionate (added as a preservative), Corn Oil, Beta Carotene (added as color), Citric Acid, Alpha Tocopherols (added as a preservative), Yeast, S-500 Dough Conditioner (Wheat Flour, DATEM, Dextrose, Soybean Oil, Ascorbic Acid, L-Cysteine, Enzymes), Salt.

Old Fashion Stuffing — Cream of Celery Soup (Water Celery Cream Modified Corn Starch Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Onion Powder, Flavor (Autolyzed Yeast, Extract, Salt, Maltodextrin, Lactic Acid Flavoring, Calcium Lactate, Disodium Inosinate, Disodium Guanylate), Disodium Inosinate, Disodium Guanylate, Natural Flavor), Croutons (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola and/or Sunflower Oil, Whey, Salt, Yeast, High Fructose Corn Syrup, Sugar, Spices, Calcium Propionate (added as a preservative), Dehydrated Parsley, Onion Powder, Paprika (added for color), Turmeric (added for color), Extractives of Paprika (added for color), Spice Extractive, Enzymes, Ascorbic Acid, TBHQ (added to preserve freshness)), Water, Onions, 2% or less of the following: Turkey, Mechanically Separated Turkey, Seasoning (Yeast Extract, Sugar, Dextrose, Onion Powder, Garlic Powder, Spice, Disodium Inosinate, and Disodium Guanvlate), Salt. Sugar, Flavorings, Potassium Chloride, Chicken Broth, Bleached Wheat Flour, Cooked Chicken Meat, Cream, Butter (Sweet Cream, Salt), Chicken Fat, Modified Corn Starch, Salt, Coconut Oil, Natural Flavor, Hydrolyzed Corn Protein, Sugar, Maltodextrin, Hydrolyzed Wheat Gluten, Chicken Flavor (Soy Flour, Dried Chicken Meat Powder, Torula Yeast, Hydrolyzed Gelatin (added for flavor)), Disodium Inosinate, Disodium Guanylate, Yeast Extract, Flavoring, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides, Beta Carotene, Sodium Diacetate, Salt, Sodium Lactate, Non Fat Dry Milk, Flavor (Salt, Chicken Flavoring (Maltodextrin, Autolyzed Yeast Extract, Natural Flavors, Torula Yeast, Disodium Inosinate, Disodium Guanvlate), Dextrose, Onion Powder, Modified Corn Starch, Hydrolyzed Corn Protein, Parsley, Spice Extractives, Silicon Dioxide (added as an anti-caking agent), Natural Butter Flavor, Sodium Benzoate (added to maintain freshness). CONTAINS: Wheat, Milk, and Soy,

Apple pie – Apples (Apples, Water, Salt, Ascorbic Acid (Preservative), Citric Acid), Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil Shortening (Palm Oil, Soybean Oil), Sugar, Water, Contains Less Than 2% Of Food Starch- Modified, Maltodextrin, Cultured Dextrose, Salt, Dextrose, Dough Conditioner (Whey, Deactivated Yeast), Spices, Corn Starch, Carob Bean Gum, Cellulose Gum, Agar. CONTAINS: Milk, Wheat.

Pumpkin pie – Ingredients: Pumpkin, Water, Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil Shortening (Palm Oil, Soybean Oil), Eggs, Nonfat Milk, Contains Less Than 2% Of Food Starch- Modified, Salt, Glocono Delta Lactone, Soybean Oil With Tbhq And Citric Acid (Antioxidants), Spices, Dextrose, Dough Conditioner (Whey, L-Cystine Hydrochloride), Corn Starch, Carob Bean Gum, Cellulose Gum, Agar, Preservatives (Potassium Sorbate And Sodium Propionate).

Cranberry orange relish – Cranberries, Sugar, Oranges.

Cranberry Fluff – Pineapple (Crushed Pineapple, Pineapple Juice), Whipped Topping (Water, Hydrogenated Vegetable Oils (coconut and palm kernel oils), Corn Syrup, High Fructose Corn Syrup, Less Than 2% Of Sodium Caseinate (from Milk), Artificial Flavor, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Beta Carotene (color), Cranberries, Sugar, Marshmallows (Corn Syrup, Sugar, Modified Food Starch (corn), Dextrose, Water, Gelatin, Natural and Artificial Flavor, Tetrasodium Pyrophosphate, Blue 1). CONTAINS: Milk

FOOD SAFETY: Keep all items refrigerated at or below 41° F. For maximum quality and freshness, enjoy your dinner within two days of purchase. Must be used within four days of purchase. Reheat until a minimum internal temperature of 165° F is reached. All foods produced in a facility that also processes Soy, Wheat, Milk, Eggs, Fish, Shellfish, Sesame, Tree Nuts, and Peanuts.

Nutrition Facts Variable servings per container Serving size		Turkey Breast Variable 3oz (84g)		Turkey-Netted (Medium Dinner) Variable 3oz (85g)		Rotisserie Turkey (small dinner) Variable 2oz (56g)		Variable 3 oz (85g)		Mashed Potatoes Variable 2/3 Cup (147g)		Variable 1/4 Cup		Green Bean Casserole Variable 1/2 cup (227g)		Glazed Carrots Variable 2/3 cup (120g)		Variable 1/2 cup		Homestyle Dinner Roll Variable 1 roll (36g)		Apple Pie Variable 1 Slice (117g)		Variable		Variable 1 elice			
		% Daily		% Daily		% Daily Y		% Daily		% Daily		% Daily \		% Daily 1		% Daily		% Daily Val		% Daily \			y Value*		y Value*	% Daily		% Daily	y Value
Total Fat		4g	5%	1.5g	2%	1g	1%	6g	8%	6g	8%	1.5g	2%	4.5g	6%	5g	6%			3g	4%	16g	21%		0%	10g	13%		9%
Saturated Fat		1g	5%	0g	0%	0g	0%	2g	10%	4.5g	23%	0g	0%	1g	5%	1g	5%	2g 10	2%	0.5g	3%	7g	35%	0g	0%	4g	20%	7g	35%
Trans Fat		0g		g		0g		0g		9		g		0g		0g		0g		0.5g		9		0g		0g		0g	
Cholesterol		55mg	18%	50mg	17%	30mg	10%	50mg	17%	75mg	25%	5mg	2%	0mg	0%	0mg	0%	15mg 8	5%	5mg	2%	0mg	0%	Omg	0%	30mg	10%	0mg	0%
Sodium		400mg	17%	360mg	16%	340mg	15%	1070mg	47%	470mg	20%	300mg	13%	450mg	20%	mg	%	690mg 30	2%	180mg	8%	310mg	13%	Omg	0%	280mg	12%	40mg	2%
Total Carbohydrate		0g	0%	0g	0%	0g	0%	1g	0%	69g	25%	6g	2%	9g	3%	20g	7%	20g 7	7%	17g	6%	41g	15%	13g	5%	38g	14%	39g	149
Dietary Fiber		g	%	g	%	0g	0%	g	%	9	%	g	1/4	g	%	2g	7%	0g (	1%	0g	0%	1g	4%	g	-%	g	-%	1g	4%
Total Sugars		0g		g		0g		1g		9		g		1g		18g		2g		3g		19g		11g		25g		34g	
Includes Added Sugars		g	%	0g	0%	g	1/4	g	%	0g	0%	g	1/4	g	%	13g	26%	0g (	1%	0g	0%	9	%	10g	20%	g	-%	18g	36%
Protein		23g		24g		13g	_	14g	_	3g		1g	_	1g	_	19		6g	-17	3g	_	29		0g		5g		0g	
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"The 15 Daily Value soils you how much a nutrient in a serving of food contributes to a daily diet. 2,000 catories a day is used for general nutrition advice.	Vitamin D	mcg	%	0mcg	0%	mog	-%	mcg	%	mog	%	mcg	%	0mcg	0%	0mog	0%		-	Omog	0%	mcg	%			-mcg	%		0%
	Calcium	20mg	2%	Omg	0%	0mg	0%	4mg	0%	26mg	2%	0mg	0%	26mg	2%	34mg	2%			9mg		25mg	2%	4mg	0%	10mg	0%	6mg	0%
	Iron	1mg	6%	Omg	0%	0mg	0%	1mg	6%	0mg	0%	0mg	0%	0mg	0%	0mg	0%			1mg		2mg	10%		0%		35%	Omg	0%
	Potassium	mg	%	470mg	10%	mg	%	mg	%	470mg	10%	0mg	0%	193mg	4%	35mg	0%	117mg 2	296	14mg	0%	mg	%	25mg	0%	mg	%	24mg	0%